



We would like to invite each of our Australian members and their respective institutions to participate in a coordinated Australian NBD to be held on **Friday, May 8, 2020**.

While it would be ideal to hold the day on the day of National Biomechanics Day in the US (April 8), unfortunately there are some states in Australia that have school holidays during this time. The suggested date of May 8 was chosen to take into account the school holidays in Australia for all states and feedback from schools.

We strongly encourage everyone to organise their NBD event on this date, however, if for any reason this does not work for you, feel free to organise an event around this date.

Even though the date is still far away, from experience we have learned that it is best to **get the ball rolling early**. Here are a couple of priority action points for you to take if you want to be a part of the Aussie NBD success-story this academic year:

- 1) Contact your marketing team/head of school NOW.
- 2) Get your lab members (Postdocs, PhD/Master/Honours students, undergrads, ...) involved and get a team together to work on the content of your NBD
- 3) Consider your strategy for contacting and recruiting high schools, best to do this early (ask your marketing team to help out with this!)
- 4) Start booking rooms/lab space etc.

We highly recommend doing these early as, often, marketing teams etc. can be a bit slow and permission often need to be obtained from multiple levels of authority.

We have also been given the feedback from (Queensland) high schools that they like to be informed of these things before the start of the next term.

You can work out the detailed content of your NBD event at a later time. There is plenty of material from past NBD events that we will can share, so you do not have to start from scratch.

If you have any questions at all about hosting a National Biomechanics Day event at your university then please feel free to contact us (Ben Hoffman (ben.hoffman@usq.edu.au) or Jeroen Aeles (j.aeles@uq.edu.au)).

Best Regards,
Jeroen Aeles & Ben Hoffman